

Manual Lymph Drainage

Manual Lymph Drainage Therapy: The lymphatic system is a very important part of the body's immune system. It carries nutrients to cells and eliminates metabolic wastes, toxins and excess fluids from the body. When congestion and inflammation occurs within this system, lymphatic obstruction occurs creating fluid retention and tissue swelling/bloating, meaning the toxins and waste remain. In some cases severe swelling can occur, which is known as lymphedema. Every one of us will retain toxins due to environmental exposure both inside and outside of our homes as well as from the foods, drinks and medications that we put into our bodies and the products/chemicals that we put onto our skin.

Manual Lymph Drainage Therapy is very specialized and advanced. It is used in both pre and post op surgery as well as for cancer patients and is an absolutely soothing wonder session.

Manual Lymph Drainage is done manually via a hands-on technique. This is a very relaxing light touch routine done on your face during your facial session (or as a stand-alone session) and will add to your experience and your results exponentially, including reducing facial swelling.



Product/Service benefits:

- Detoxification of the body,
- Stimulation of the immune defenses,
- Encouragement of fluid circulation and cell regeneration
- Improvement of skin damage and
- Reduction of stress and inflammation in the body.